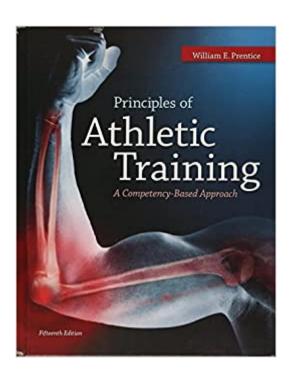


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# Principles Of Athletic Training: A Competency-Based Approach





## Synopsis

A Doody's Core Title for 2015!Principles of Athletic Training: A Competency-Based Approach is designed to be used by athletic trainers in courses concerned with the scientific, evidence-based and clinical foundations of athletic training and sports medicine. The text leads the student from general foundations to specific concepts relative to injury prevention, evaluation, management, and rehabilitation. As the student progresses from beginning to end, he or she will understand the complexities of the profession of athletic training. An over-arching goal of the text is to make certain that each and every one of the educational competencies identified by the Education Council is specifically covered. After using this text the student should be able to apply the appropriate techniques and concepts in the day-to-day performance of his or her job as an athletic trainer.Instructors and students can now access their course content through the Connect digital learning platform by purchasing either standalone Connect access or a bundle of print and Connect access. McGraw-Hill Connectà ® is a subscription-based learning service accessible online through your personal computer or tablet. Choose this option if your instructor will require Connect to be used in the course. Your subscription to Connect includes the following: A¢â ¬Â¢ SmartBookà ® - an adaptive digital version of the course textbook that personalizes your reading experience based on how well you are learning the content. ¢â ¬Â¢ Access to your instructor¢ā ¬â,,¢s homework assignments, quizzes, syllabus, notes, reminders, and other important files for the course.  $\tilde{A}\phi$  a  $\neg \hat{A}\phi$  Progress dashboards that quickly show how you are performing on your assignments and tips for improvement. Aç⠬¢ The option to purchase (for a small fee) a print version of the book. This binder-ready, loose-leaf version includes free shipping. Complete system requirements to use Connect can be found here:

http://www.mheducation.com/highered/platforms/connect/training-support-students.html

### **Book Information**

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### Customer Reviews

Dr. William Prentice is Professor of Exercise and Sport Science and Coordinator of the Sports Medicine Program at the University of North Carolina at Chapel Hill, where he also serves as the Director of the NATA approved Graduate Athletic Training Education Program. He received his BS and MS from the University of Delaware and his Ph.D. in Sports Medicine and Applied Physiology from the University of Virginia. He also has a BS in Physical Therapy from the University of North Carolina. He is a Certified Member of the National Athletic Trainers' Association and has received the Sayers A. "Bud" Miller Distinguished Athletic Trainer Educator Award and the Most Distinguished Athletic Trainer Award from the NATA. In 2004 he was inducted into the NATA Hall of Fame. Dr. Prentice served as the Athletic Trainer for the Women's Soccer Program, which has won eighteen NCAA National Championships. He teaches graduate courses in sports medicine and athletic training. Dr. Prentice is the author of nine best-selling texts in athletic training, sports medicine, and health-related fitness.

This is possibly my favorite text book and I've never been happy about a text book for college in my life. Usually they get shoved in the back of my closet after my class is over. This is a part of my normal book shelf and my go to for medical reading. I have learned a lot in this book along with my class. If you need this book for a class it's a good text book, but if you just want to have a text book of injuries, such as sprang's, torn ligaments, wraps, and my favorite, medical taping for these injuries this is a very informative book to have.

An absolute must for any A.T.s out there. Everyone should have a copy in their library. New techniques that are supported by new science and legislation this book is an up to date manual for the athletic trainer.

I needed this book for class, but was not willing to pay the ridiculous bookstore prices at my university. This book has a different cover from the one the university sells, but it was the same thing! It helped me study for my tests and even though I no longer need it for class, I will be keeping

this book to help me learn more. Definitely recommended!

Great book to learn how to work with athletes who are recovering from injury or who had a recent injury. This book has step by step information when talking to a patient or athlete. Each chapter covers a different joint (GH, elbow/wrist, hip, knee, ankle.....) AWESOME book for gym owners to help out their athletes.

A must have for any professional in the field of Kinesiology. I had originally rented the e version, but then decided I needed my own copy. Great information.

aaa

Got here on time. brand new.

A good read if you are into exercising. The book contains a lot of helpful information that might help you improve your workout/routine.

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